GOLD BEARS YOUTH FOOTBALL, INC. AND GOLD BEARS CHEER FOR 2010 IF YOU LIKE FOOTBALL, THEN WE'VE GOT YOUR GAME!

The following **Gold Bears Youth Football Leagues and Cheer** for boys and girls are available for the upcoming season:

Join the K-Guard - Flag Football League for players entering kindergarten in August, 2010. Players get to keep their practice shirt and game shirt and shorts in individual team colors. Two practices/games a week on Tuesdays and Thursdays from 5:30 p.m. to 6:30 p.m. with full game schedule. Cost is \$65.

FIRST TIME IN OUR AREA! FUFFL™ - Full Uniform Flag Football League for Junior Gold Bears players entering the 1st or 2nd grades in August, 2010. All players will be outfitted with full practice and game uniforms including new Riddell helmets, shoulder pads, practice and game jerseys and practice and game pants from Champro (all pants have fully integrated, sewn-in pads). Cost is \$140. Players get to keep their game jersey after the season. \$3 additional charge for personalized last name added to game jersey. Still a "no tackle" flag format, but with some minor contact allowed such as "impedance blocking" (similar to setting a pick in basketball). However, no tackling or aggressive play will be permitted. Players practice two times a week on Mondays and Wednesdays from 5:30 p.m. to 6:30 p.m. and games are held on weekends, just like last year. Most, if not all of the games will be played on the artificial turf in the Central High School Stadium between AFL and NFL games. Season includes a jamboree, full game schedule and Position Day when the league champion and runner-up teams will be determined. ADDED BONUS! Players who want to begin learning the fundamentals of tackle football will have the opportunity to attend additional voluntary practices throughout the season conducted just for FUFFLm players by coaches from the upper leagues to learn the fundamentals of tackle football including proper blocking, tackling and ball carrying techniques, positions, football rules, etc. This will give those players who want to start contact earlier than 3rd grade an opportunity to do so under appropriate controlled conditions according to age and weight.

AFL - Tackle Football League for players entering the 3rd or 4th grades in August, 2010 (age cutoffs apply). Same format as last year. Pre-season Jamboree full round-robin schedule ending in **Fehrenbacher Cabinets Super Bowl** to determine league champion and runnerup teams and **Droste's Jewelers Diamond Bowl** to determine third-place team. Cost is \$140. ADDED BONUS! This year most, if not all teams will play a game against a nonleague member opponent from out of town. Players get to keep their game jersey after the season. \$3 additional charge for personalized last name added to game jersey. Players practice during the week and games are held on weekends with most, if not all, of the games played in Central Stadium.

NFL - Tackle Football League for players entering the 5th or 6th grades in August, 2010 (with age cut-offs). Same format as last year, just like AFL. Players get to keep their game jersey. Cost is the same as for AFL.

GOLD BEARS 7th - Tackle Football Team for players entering the seventh grade in August, 2010. <u>This is the only team with any participation limits</u>. All players must be enrolled at Thompkins Middle School, Harwood Middle School (or other Central High School feeder school), or reasonably anticipate attending Central High School upon completion of middle school. Players will be fully outfitted with practice and game uniforms and equipment, all of which must be turned in at the end of the season. Although new uniforms are being purchased for this team for the upcoming season (including custom made game jerseys by Riddell similar in quality to the high school jerseys), new helmets will not be necessary until at least next year and therefore the cost is only \$112. No personalization of jerseys is available since players will not be keeping their game jerseys.

CHEER TEAM - We have now made arrangements to start our Cheer Team this year for kids who are entering grades K-7 and who want to cheer on any or all of the above teams. Cost is only \$55 and each participant will get to keep their practice shirt and game "cheer" shirts and shorts. Two practices will be held during the week at the same times as the K-GUARD practices (Tuesdays and Thursdays from 5:30 p.m. to 6:30 p.m. Participants will learn cheers and routines which may be utilized for all teams and will cheer for games.



PARTIAL SCHOLARSHIPS AVAILABLE - For the first time, due to the generosity of a grant from THE CITY OF EVANSVILLE which helped offset some equipment costs for this year, **5 partial scholarships** will be available for each of the AFL and NFL Leagues and for the GOLD BEARS 7 team. These scholarships will allow selected individuals who qualify the opportunity to participate by payment of only 50% of the customary cost. Scholarship applications will be subject to verification as to income and need and are available upon request from the GBYF Commissioner. All information received will be kept strictly confidential.

Early sign-ups to be held on Sunday, May 16, 2010 from 4 pm to 6 pm at Central High School. **Additional sign-ups** will be held on Sunday, June 13 and June 20, 2010 from 5 pm to 7 pm. For more information contact **Commissioner Bob Zoss at bobzoss@insightbb.com**

Gold Bears Youth Football "THE TRADITION OF EXCELLENCE CONTINUES"